

Qualifications Explained

Breakdown of the Qualifications on the course:

Watersports:

- Scottish Canoe Association Raft Guide Award.
- Paddlesport Instructor.
- Paddlesport Touring Leader.
- Canyoning instructor training
- Gorge-Scrambling instructor training.
- Foundation Safety & Rescue Training course (FSRT).
- White Water Safety & Rescue Training course (WWSRT).
- Canoe award standard.
- River kayak skills.
- Canoe river running skills.
- Start, Discover & Explore Award standard in canoe and kayak.
- Touring/Sea Kayak skills.
- Mega Stand up Paddleboard training.
- Ducky leader training.

Mountain sports:

- Rock Climbing Instructor training or assessment course.
- Summer Mountain leader training or assessment course.
- British Cycling MTB Level 2 preparation (see course upgrade modules).
- Mountain Scrambling (Summer course in Scotland – Winter Course in Spain).

Snow:

- PSIA Level 1 Ski Instructor qualification course (additional 7 week module).
- PSIA performance awards levels 1-9 depending on outcome.
- Intro to Ski touring day (for ski instructor candidates only).
- Winter skills training.

Other:

- Overview of the roles of the Supervisor and Assessor for Duke of Edinburgh Award
- Outdoor First Aid Certification.
- Expedition training on water & land.
- John Muir Training.

Workshops:

- Being a professional instructor and professional responsibilities.
- Risk assessment in the Outdoors.
- Beyond ITC (career opportunities, applying for jobs, what to expect, CVs etc..)
- Driving and towing trailers + responsibilities and maintenance.
- Child wellbeing & protection in Sport.

Get in touch to find out more or come and visit us and join an activity day to find out for yourself!



| Watersports Qualifications | | | |
|--|-------------------------|--|--|
| Award | National Governing Body | About | Outcomes |
| BC Canoe Award standard | British Canoeing | The Canoe Award develops your personal paddling and decision making skills so you have a fun and safe day out canoeing. Learning to develop your launching skills, forwarding paddling and journeying, on open water in winds of up to and including force 3 and rivers with Grade 1 rapids, with simple eddy lines and flows. | Achieving the BC Canoe Award standard working towards your PSTL. |
| Paddlesport Touring Leader | British Canoeing | A mixed leadership award from where you can lead any craft from the craft of your choosing in an open water environment and moving water up to a maximum of grade 2. | To achieve your PSTL in the craft of your choice. |
| River kayak skills. | British Canoeing | All about personal development and group management on moving water in a river kayak and working towards your PSTL | To gain the skills required to sit your PSTL, WWSRT |
| Canoe river running skills. | British Canoeing | All about personal development and group management on moving water in a canoe and working towards your PSTL | To gain the skills required to sit your PSTL, WWSRT |
| Start, Discover & Explore Award standard in canoe and kayak. | British Canoeing | To work through the syllabus of start, discover and explore award standards. | To gain the skills required to sit your PSTL, PSI, FSRT, WWSRT |

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| Touring/Sea Kayak skills. | British Canoeing | All about personal development and group management in sea kayaks and touring kayaks while working towards your PSTL | To gain the skills required to sit your PSTL, FSRT, PSI |
| Paddlesports Instructor | British Canoeing | Paddlesport Instructor, combined training and assessment course will support you to run games and activities to support learning and exploration for new paddlers in stable craft. You will learn skills such as kitting up a group and getting afloat, initial familiarisation activities and how to use mini journeys to support learning. | This is one of the most sought after courses across the country and will set you up to work at centres to provide introductory sessions in a variety of craft. |
| White Water Raft Guide Level 2 | British Canoeing | Assessment on a grade 2 river covering personal skills, group work and rescues. | Raft Guide level 2 SCA |
| Foundation Safety & Rescue | British Canoeing | Trained to handle common Canoe & Kayak emergencies in a sheltered water environment | FSRT Certification |
| White Water Safety & Rescue | British Canoeing | Training to effectively deal with emergency or rescue situations in a white water environment | An integral component of the SRA Raft Guide Course and training that will be vital to all white water sports and activities. We also do the formal British Canoeing WWSRT on the course as well. |
| Canyon Leader Training | In-House | Experience a variety of different canyons, sets ups and safety in running canyoning with clients | In-house training which will enable you to assist with canyoning sessions. |
| Gorge Scramble Leader Training | In-House | Experience a variety of different gorges, sets ups and safety in running gorge scrambling with clients | In-house training which will enable you to lead groups on gorge scrambling days and specific venues. |
| Ducky Leader Training | In-House | Experience a variety of different rivers and safety in running ducky (inflatable canoes) trips with clients. | In-house training which will enable you to assist on grade 2 Ducky river trips. |
| Mega SUP Training | British Canoeing | Work on group sessions to teach, manage and facilitate Mega SUP Activity sessions | In-house training which will enable you to lead group Mega SUP activity days at specific venues. |

Mountain sports Qualifications

| Award | National Governing Body | About | Course Outcome |
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| Summer Mountain Leader (SML) | Mountain Training | The Mountain Leader scheme is designed for people who want to lead groups in the highest mountains, hills or moorlands. An essential and core qualification that has so many career benefits in the UK and overseas. This qualification will add so much to your CV and will bring so much to your leadership abilities in many sports & environments. | You will complete your Mountain Leader training during the Instructor Training Course. Students who have already completed the training will focus on the assessment |
| Rock Climbing Instructor (RCI) | Mountain Training | This qualification is all about supervising safe climbing and abseiling sessions on single pitch crags and artificial structures. The Rock Climbing Instructor qualification trains and assesses experienced rock climbers to instruct climbing. | You will complete your Rock Climbing Instructor training during the Instructor Training Course. Students who have already completed the training will focus on the assessment |
| Mountain Scrambling (Summer course in Scotland – Winter Course in Spain) | Mountain Training | To look at mountain scrambling and steep ground management either in Spain or Scotland depending on the course. | To give you the skills to work in the upper end of the remit as an ML trainee/ML and how to manage groups/yourself in steep ground. |
| Mountain Biking Leader Level 2 preparation | British Cycling | The Level 2 Mountain Bike Leadership preparation further skills individuals in the requirements of the level 2 mountain bike leader award. | Preparation for those who wish to work towards a MTB level 2 in their own time. |

Other

| Award | National Governing Body | About | Course Outcome |
|-------------------------------------|-------------------------|--|---|
| Expedition training on water & land | All | Learn how to manage yourself and a group while on expedition from the water or land. | To become more capable while on expedition and set you up to be able to work on expeditions as an instructor. |

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| Outdoor First Aid Certification | Association of First Aiders | 2 Day first aid course covering a range of outdoor scenarios applicable to your new working environment. | First Aid at Work Certification to validate your outdoor qualifications. |
| Overview of the roles of the Supervisor and Assessor for Duke of Edinburgh Award | The Duke of Edinburgh's Award | Learn about the roles of the supervisor and the assessor and how you go about becoming certified as an assessor. | Learning all about DofE expeditions and residentials. |
| John Muir Award facilitator | John Muir Trust Award | A great addition to your Mountain Leader, allows you to facilitate this valuable nature and conservation award that is a core element of our Outdoor Education Programmes. | Discovery or Conserve Award facilitator. |

Snowsports Qualifications

| Award | National Governing Body | About | Course Outcome |
|--|---|---|--|
| PSIA Ski Performance Awards | Professional Ski Instructors of America | Develop your personal skiing and coaching knowledge in Colorado. | PSIA Ski performance Awards Level 1-9 |
| PSIA Level 1 Ski Instructor (6 month course) | Professional Ski Instructors of America | Internationally recognised Professional Ski teaching qualification. Equivalent to BASI Level 2 | PSIA Ski Instructor Level 1 |
| Winter Skills | Mountain Training | Introduction to the skills, equipment and decision making processes required to travel safely in the UK's highest mountains in winter conditions. | A magnificent eye opening experience to the challenges of navigating in winter conditions. An insight into the winter ML scheme. |
| Ski Mountaineering and Ski Touring | N/A | Introduction to skiing off-piste in mountainous terrain on Alpine Touring Skis | Test your new skiing skills off piste in the Cairngorms. |

Workshops

| Award | National Governing Body | About | Course Outcome |
|---|-------------------------|--|--|
| Being a professional instructor and professional responsibilities. | N/A | A written module to make you consider professionalism in the outdoors. | To further your understanding of what an instructors responsibilities are. |
| Risk assessment in the Outdoors. | N/A | A written module with scenarios to make you consider risk. | To build on your understanding of risk awareness. |
| Beyond ITC (career opportunities, applying for jobs, what to expect, CVs etc..) | N/A | During the course ask anything you want from the staff and we will help. | Ask during the course and we can help. |
| Driving and towing trailers + responsibilities and maintenance. | N/A | Trainees where they are over 21, have a clean license held for at least one year, should get supervised experience driving the buses and trailers. | To build your ability to drive buses with trailers. |
| Child wellbeing & protection in Sport. | British Canoeing | All about child protection. | A pre-requisite for many SCA/BC courses during your time with us. |