

# Kit List

As an Active trainee you have access to our amazing Pro deals. These deals can save you hundreds, if not thousands of pounds on clothing and equipment from top brands. Many other courses offer specific equipment packages, we instead tailor any kit ordering to suit you and do not limit the amount! Students have even purchased canoes, kayaks and skis on these deals in the past. The list below is equipment we consider to be essential or highly recommended but is not exhaustive and should you like something else then we are happy to oblige if our suppliers can provide it.

Most students will invest between £500 to £1,000 in essential kit but each person has different requirements. We advise that you order the kit with us in advance of your start date, so you have all your nice new specialist equipment ready for starting your new adventures!

Items marked with an Asterix \* are recommended, not essential and may (not all) be provided by us.

## Mountain Sports:

- Good quality waterproof trousers and jacket
- 3 or 4 season walking boots
- Rucksack – day pack
- Rucksack expedition pack \*
- Head torch & whistle
- Winter walking socks
- Map OS Landranger 35,36 and Explorer 402,403
- Waterproof map case

## Other:

- Base layers
- Warm outdoor clothing
- Personal first aid kit
- Tent 1-2 man
- Sleeping bag 3-4 season
- Camping mat 4 season\*
- Stove\*
- Pots/pans & cutlery\*
- BCU handbooks\*
- MLTUK rock climbing & hill walking book\*
- PSIA manuals\*

## Paddlesports:

- River Buoyancy Aid (with cow's tail and harness)
- Wet suit 5mm (or a dry suit\*)
- Helmet
- Dry bag 50-80 litres\*
- Neoprene gloves\*
- Neoprene socks\*
- Throw bag 12-15m\*
- Throw bag 20-25m
- Canoe/kayak paddles\*
- Smaller dry bag 20 litres roughly

## Climbing:

- Harness & helmet
- Belay plate & HMS karabiners x 2
- Climbing shoes
- Lead climbing rack & rope\*
- Chalk bag and Chalk

## Mountain biking:

- Cycle trip meter\*
- Cycle helmet\*
- Mountain bike repair kit\*
- Mountain bike\*

## Ski/board:

- Ski jacket & salopettes
- Ski goggles & sunglasses
- Ski/board bag
- Ski/Board boots\*

**Get in touch to find out more or come and visit us and join an activity day to find out for yourself!**

**active**  
**outdoor pursuits**