

Qualifications Explained

Breakdown of the Qualifications on the course:

Watersports:

- British canoeing Paddlesports Level 2 Core training or assessment.
- BC Canoeing Sheltered Water Coach Award Kayak
- BC Canoeing Sheltered Water Coach Award Canoe
- FSRT (Foundation safety and rescue training)
- BC Start, Discover & Explore Award standard in Canoe and Kayak
- BC Canoe Award standard.
- BC White Water Award standard.
- BC Sea Kayak Award standard.
- Scottish Raft guide level 1-3 depending on outcome on the course.
- White Water Safety and Rescue training – part of the raft guide course.
- British canoeing Stand up Paddleboard SUP module.
- Mega stand up paddleboard training.
- Canyoning training.
- Gorge scrambling training.
- Ducky leader training.

Mountainsports:

- Summer Mountain leader training or assessment.
- Rock climbing Instructor training or assessment.
- British Cycling Mountain Bike Leader Level 2 training or assessment.
- Intro to Mountain Scrambling day
- Winter skills training & navigation training day
- PSIA performance awards levels 1-9 depending on outcome
- UK Snowsports awards for snowboarding levels 1-9 depending on outcome
- PSIA Level 1 Ski Instructor
- Intro to Ski touring day

Other:

- Outdoor First aid certification.
- John Muir training.
- DofE supervisor training
- Expeditions on water & land

Get in touch to find out more or come and visit us and join an activity day to find out for yourself!



Watersports Qualifications

Award	National Governing Body	About	Outcomes
BC Canoe Award	British Canoeing	The Canoe Award develops your personal paddling and decision making skills so you have a fun and safe day out canoeing. Learning to develop your launching skills, forwarding paddling and journeying, on open water in winds of up to and including force 3 and rivers with Grade 1 rapids, with simple eddy lines and flows.	Achieving the BC Canoe Award standard is a pre-requisite for your British Canoeing Core Coach Training.
BC Kayak White Water Award	British Canoeing	The White Water Award will give you the ability to apply your choices to a successful day on rivers of up to Grade 2, supporting you in the understanding and use of the fundamentals in white water paddling.	Achieving the BC Kayak Award standard is a pre-requisite for your British Canoeing Core Coach Training.
BC Sea Kayak Award	British Canoeing	The Sea Kayak Award endorses your skill, judgment and decision making required for a successful day on the sea. You will be confident in planning and undertaking journeys on the sea, in winds up to and including force 3 and/or tides up to 1 Knot.	Achieving the BC Sea Kayak Award standard adds great value to your British Canoeing Core Coach Training.
Paddlesports Instructor*	British Canoeing	Paddlesport Instructor, combined training and assessment course will support you to run games and activities to support learning and exploration for new paddlers in stable craft. You will learn skills such as kitting up a group and getting afloat, initial familiarisation activities and how to use mini journeys to support learning.	We do not offer this qualification on our Instructor Training Courses, we start at the higher standard (Core Coach Training and BC Sheltered Water Coach Award Canoe & Kayak).
British Canoeing Core Coach Training	British Canoeing	You will be confident in planning and undertaking journeys on the sea, in winds up to and including force 3 and/or tides up to 1 Knot,	Completion of this training course allows you to progress to the craft specific discipline assessments (i.e. Sheltered Water Coach Award Canoe & Kayak).
BC Canoeing Sheltered Water Coach Award (Canoe & Kayak)	British Canoeing	The Coach Awards are designed for people whose core function is to coach paddlers who want to gain/improve paddlesport skills within the discipline chosen. This will include coaching beginners new to the sport, or paddlers looking to develop their skills in the given discipline/environment. The coach is able to plan, deliver and review progressive sessions safely, effectively and independently.	BC Canoeing Coach Award, Canoe & Kayak
BC Stand Up Paddle Board Award	British Canoeing	1 day course facilitated by Paddlesports NGB. This module is for competent paddlers at BC Level 1 standard. This module allows you to lead SUP sessions on sheltered water	BC SUP Sheltered Water Award.
BSUPA Level 1 Course.		2 day course designed for new instructors to watersports to teach the BSUPA Level 1 Course.	Allows teaching basic intro sessions on very sheltered water. Not and NGB Qualification.
White Water Raft Guide Level 1 – 3	Scottish Rafting Association	6 Day course with ongoing training & assessment allowing you to guide on rivers up to Grade 3	Raft Guide; Various outcomes possible from Level 1 to 3
Foundation Safety & Rescue	British Canoeing	Trained to handle common Canoe & Kayak emergencies in a sheltered water environment	FSRT Certification
White Water Safety & Rescue	Scottish Rafting Association	Training to effectively deal with emergency or rescue situations in a white water environment	An integral component of the SRA Raft Guide Course and training that will be vital to all white water sports and activities.

Canyon Leader Training	In-House	Experience a variety of different canyons, sets ups and safety in running canyoning with clients	In-house training which will enable you to assist with canyoning sessions.
Gorge Scramble Leader Training	In-House	Experience a variety of different gorges, sets ups and safety in running gorge scrambling with clients	In-house training which will enable you to lead groups on gorge scrambling days and specific venues.
Ducky Leader Training	In-House	Experience a variety of different rivers and safety in running ducky (inflatable canoes) trips with clients.	In-house training which will enable you to assist on grade 2 Ducky river trips.
Mega SUP Training	British Canoeing	Work on group sessions to teach, manage and facilitate Mega SUP Activity sessions	In-house training which will enable you to lead group Mega SUP activity days at specific venues.

Mountainsports Qualifications

Award	National Governing Body	About	Course Outcome
Lowland Leader*	Mountain Training	The Lowland Leader qualification has been designed for people who wish to lead groups on day walks in lowland countryside and woodland in summer conditions.	We do not offer this qualification on our Instructor Training Courses, we focus on the Mountain Leader qualification which we believe is an essential core qualification of any outdoor instructor training course and offers real job and career prospects.
Hill and Moorland Leader	Mountain Training	This qualification is for walkers who want to learn the skills required for effective group leadership in the hill and moorland areas of the UK and Ireland.	We do not offer this qualification on our Instructor Training Courses, we focus on the Mountain Leader qualification which we believe is at the core of any outdoor instructor training course.
Summer Mountain Leader (SML)	Mountain Training	The Mountain Leader scheme is designed for people who want to lead groups in the highest mountains, hills or moorlands. An essential and core qualification that has so many career benefits in the UK and overseas. This qualification will add so much to your CV and will bring so much to your leadership abilities in many sports & environments.	You will complete your Mountain Leader training during the Instructor Training Course. Students who have already completed the training will focus on the assessment
Rock Climbing Instructor (RCI)	Mountain Training	This qualification is all about supervising safe climbing and abseiling sessions on single pitch crags and artificial structures. The Rock Climbing Instructor qualification trains and assesses experienced rock climbers to instruct climbing.	You will complete your Rock Climbing Instructor training during the Instructor Training Course. Students who have already completed the training will focus on the assessment
Mountain Biking Leader Level 1*	British Cycling	The aim of this award is to upskill members of staff or volunteers, either from a basic level of MTB proficiency or from 'in-house' training. The Level 1 Leaders will be trained to a standard that enables them to lead introductory level mountain bike rides.	We do not offer BC Level 1 or any other Mountain Bike Award such as MIAS or Cycling UK as we believe that Cyclings Governing Body, British Cycling offer the industry standard courses. The BC Level 2 will offer the best career prospects.
Mountain Biking Leader Level 2	British Cycling	The Level 2 Mountain Bike Leadership Award enables qualified leaders to use their experience to safely guide others on off-road terrain within the Level 2 remit.	Training or Assessment for students who have previously completed the training.

Winter Walking Skills Training	Mountain Training	Introduction to the skills, equipment and decision making processes required to travel safely in the UK's highest mountains in winter conditions.	A magnificent eye opening experience to the challenges of navigating in winter conditions. An insight into the winter ML scheme.
Outdoor First Aid Certification	Association of First Aiders	2 Day first aid course covering a range of outdoor scenarios applicable to your new working environment.	First Aid at Work Certification to validate your outdoor qualifications.
DofE Supervisor Training	The Duke of Edinburgh's Award	Shadow & see first hand how to supervise on DofE training, practice & qualifiers	Experience to work on DofE expeditions on bike, sea kayak, canoe & on foot
John Muir Award facilitator	John Muir Trust Award	A great addition to your Mountain Leader, allows you to facilitate this valuable nature and conservation award that is a core element of our Outdoor Education Programmes.	Discovery or Conserve Award facilitator.

Snowsports Qualifications

Award	Natynional Governing Body	About	Course Outcome
PSIA Ski Performance Awards	Professional Ski Instructors of America	Develop your personal skiing and coaching knowledge in Colorado.	PSIA Ski performance Awards Level 4-9
PSIA Level 1 Ski Instructor (6 month course)	Professional Ski Instructors of America	Internationally recognised Profesional Ski teaching qualification. Equivalent to BASI Level 2	PSIA Ski Instructor Level 1
Snowboarding	UK Snowsports Award	Develop personal skills in snowboarding on a variety of terrain	UK Snowsports Awards L1-8
Ski Mountaineering and Ski Touring	N/A	Introduction to skiing off-piste in mountainous terrain on Alpine Touring Skis	Test your new skiing skills off piste in the Cairngorms.

